

ID.No.: 2298106886
MC.No.: 1966

Iran University of Medical Sciences

CERTIFICATE

Of Attendance

This is to certify that

Elaheh Shoara (PT)

Has Successfully Completed the Postgraduate Course of

12 Hours Manual Therapy and Exercise Therapy by Passing the:

"COMPREHENSIVE EVALUATION AND TREATMENT
OF THE MECHANICAL IMPAIRMENT SYNDROMES OF THE
HIP, ANKLE, WRIST and ELBOW COMPLEXES ."

Hossein Negahban; PhD, PT
Professor of Physiotherapy

date:
February 2025

Iran University of Medical Sciences

Ismail Ebrahimi Takamjani; PhD, PT
Professor of Physiotherapy
SCIENTIFIC DIRECTOR
IRANIAN CENTER OF EXCELLENCE
IN PHYSIOTHERAPY

CERTIFICATE

OF PARTICIPATION

This certificate is presented to

Elaheh Shoara

For participating in the **Facilitation Technique (FT)** course at
Neuromusculoskeletal Rehabilitation Research Center (NMSRC),
University of Social Welfare and Rehabilitation Sciences (USWR).
April 19-20, 2025 (18 hours)
Tehran - Iran

Dr. Hussain Nasser
FT Inventor & Instructor

Prof. Mohammad Ali Mohseni Bandpei
Head of Physiotherapy Department,
Head of NMSRC,
Vice Chancellor for International Affairs,
USWR

MULLIGAN™
Manual Therapy Concepts

Neuromusculoskeletal Rehabilitation Research Center

JOMT

CERTIFICATE OF ATTENDANCE

This certifies that

Elaheh Shoara

has completed 24 hours postgraduate clinical education in Physical Therapy: Manual Therapy Workshop on

Brian Mulligan's Concepts MOBILISATIONS WITH MOVEMENT, NAGS ETC.

A: Cervical, Upper Extremities and advanced

Dr. Hussain Nasser DPT,
MSC, BSC, PT
Teacher/member MCTA

Tehran Iran, April 16th to 18st 2025

ESMAC

CERTIFICATE OF ATTENDANCE

The organizing committee certifies that

Elaheh Shoara

attended the

20th Annual Meeting of the European Society of Movement Analysis of Adults and Children

15 - 17 September 2011
Vienna - Austria

President ESMAC
Dr. Ir. Jaap Harlaar

Congress President
Ing. Dr. Andreas Kranzl

The McKenzie Institute International

CENTRE FOR POSTGRADUATE STUDY IN MECHANICAL DIAGNOSIS AND THERAPY

PART A
MECHANICAL DIAGNOSIS AND THERAPY

The Lumbar Spine

This is to certify that

Elaheh Shoara

attended a postgraduate programme of 28 hours study

held at Shiraz, Iran

on January 16-19, 2018

Instructor(s)

Georg Supp
PT, MT, Diploma

Course Co-ordinator

Afshin Heidar Abady
PT, PhD, Cert. MDT

Dr. Mohammad Reza Nourbakhsh
Professor of Physical Therapy at

University of North Georgia

Department of Physical Therapy

awards this

CERTIFICATE OF ATTENDANCE

to

Elaheh Shoara

For successful completion of the 17-hour didactic, practical and competency assessment of the

Differential Diagnosis, Clinical Reasoning and Treatment for Disorders of the Shoulder Complex

Date	***Location***
June 25 – 26, 2018	***Shiraz, Tehran***

Dr. Mohammad Reza Nourbakhsh PT, PhD, OCS
Professor of Physical Therapy

Dr. Mohammad Reza Nourbakhsh
Professor of Physical Therapy at

University of North Georgia

Department of Physical Therapy

awards this

CERTIFICATE OF ATTENDANCE

to

Elaheh Shoara

For successful completion of the 17-hour didactic, practical and competency assessment of the

Evaluation and Treatment of Mechanical Cervical Dysfunctions

Date	***Location***
June 27 – 28, 2018	***Shiraz, Iran***

Dr. Mohammad Reza Nourbakhsh PT, PhD, OCS

Professor of Physical Therapy

Certificate of Successful Completion

Certificate of Successful Completion

The Power of Mindfulness as Practice: Making It Real Right Now with Jon Kabat-Zinn

Speaker(s): Jon Kabat-Zinn, PhD

Delivery Method: Self-Study Material

Participant Name: Elaheh Shoara

License Number: _____

Test Completed: Aug 08, 2024 04:55AM CST

Original Program Date: Mar 27, 2015

Participant has completed the above-referenced educational activity in its entirety or as indicated below.

This certificate provides sponsor verification of individual attendance and may be used for your records or for any licensing not listed below. We maintain attendance records for 7 years.

CE Information is based on 100% attendance.

Canadian Psychologists

PESI, Inc. is approved by the Canadian Psychological Association to offer continuing education for psychologists. PESI, Inc. maintains responsibility for the program. This program is approved for 4.0 self-study continuing education hours. Full credit statement at: www.pesi.com/cpa-statement

Marriage & Family Therapists

This self-study activity consists of 4.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save this course outline, the certificate of completion you receive from this self-study activity and contact your state board or organization to determine specific filing requirements.

Other Professions

This self-study activity qualifies for 4.0 continuing education clock hours as required by many national, state and local licensing boards and professional organizations. Save your activity advertisement and certificate of completion, and contact your own board or organization for specific requirements.

DISCLAIMERS

**Information obtained in this course should be used within your scope of practice.

**It is your ethical responsibility to report accurate hours to your licensing board.

**All on-line participants must complete and pass (80% or better) a post-test/evaluation prior to a receiving a certificate of completion. If you require a copy of the test/evaluation for CE purposes, please print at the time you take the test. Or you may call our customer service department and a copy of your test/evaluation will be emailed to you. Please allow 30-45 days.

Deana L. Cantley

Deana L. Cantley, Continuing Education Administrator & Post-Reporting Lead

PESI, Inc., P.O. Box 1000, Eau Claire, WI 54702-1000

CS: 1-800-844-8260 FAX: 1-800-554-9775

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI HealthCare, PESI Rehab, PESI Kids, PESI Publishing and Media (PPM) and Psychotherapy Networker.

Verified
Certificate

HarvardX



Dr. David Cox
Harvard University

This is to certify that

Elaheh Shoara

successfully completed and received a passing grade in

MCB80.3x: Fundamentals of Neuroscience, Part 3: The Brain

a course of study offered by HarvardX, an online learning initiative of Harvard University

edX

Verified Certificate
Issued August 26, 2024

Valid Certificate ID
6ec5aadf3b1245f1b945aa748210dda0

Certificate of Completion

Psychotherapy.net

201 N King of Prussia Rd, Suite 370, Radnor, PA 19087
Tel.: (800) 577-4762 Internet: www.psychotherapy.net
Email: CE@Psychotherapy.net

hereby confirms that

Elaheh Shoara

Licensed Profession: N/A
License and Jurisdiction:
has successfully earned

1.75 Continuing Education Credits

for evaluated self study of the Psychotherapy.net self-study course entitled:

"ACT in Action (4) Mindfulness, Self & Contact with the Present Moment"

Instructor's name: Steven Hayes
This certificate is awarded on August 28, 2024 03:46:33 PM

Victor Yalom, PhD
Head of Content, Psychotherapy.net

Psychotherapy.net is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Psychotherapy.net maintains responsibility for this program and its content.

Psychotherapy.net, provider #1119, is approved as a provider for social work continuing education by the **Association of Social Work Boards (ASWB)** www.aswb.org Approved Continuing Education Program (ACE). Psychotherapy.net maintains responsibility for the program. ASWB Approval Period: **10/5/2021-10/5/2024**. Social workers should contact their regulatory board to determine course approval. Social workers will receive **1.75 continuing education clinical clock hours**.

Psychotherapy.net has been approved by **NBCC** as an Approved Continuing Education Provider, ACEP No. 6239. Programs that do not qualify for **NBCC** credit are clearly identified. Psychotherapy.net is solely responsible for all aspects of the program.
Please note that NBCC awards Continuing Education Credit Hours in place of Continuing Education Credits.

Psychotherapy.net, LLC is recognized by the **New York State Education Department's State Board for Social Work** as an approved provider of continuing education for licensed social workers #SW-0423. New York State social workers will receive **1.75 contact hours**.

Psychotherapy.net is approved to offer Continuing Education credits by: **NAADAC**, The Association for Addiction Professionals (provider #90664); the **California Board of Behavioral Sciences** (provider #3479); the **State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board** (provider #RCST100502); the **Texas State Board of Examiners of Professional Counselors** (provider #159); the **Texas State Board of Examiners of Marriage and Family Therapists** (provider #159); and for **video-based courses only** by the **Canadian Counselling Association**.

Psychotherapy.net LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0145

Certificate of Successful Completion

Certificate of Successful Completion

Mindsight in Childhood & Adolescence: Strategies to Help Kids Thrive

Speaker(s): Daniel J. Siegel, MD

Delivery Method: Self-Study Material

Participant Name: Elaheh Shoara

License Number: _____

Test Completed: Aug 09, 2024 11:08AM CST

Original Program Date: May 22, 2019

Participant has completed the above-referenced educational activity in its entirety or as indicated below.

This certificate provides sponsor verification of individual attendance and may be used for your records or for any licensing not listed below. We maintain attendance records for 7 years.

CE Information is based on 100% attendance.

Marriage & Family Therapists

This self-study activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save this course outline, the certificate of completion you receive from this self-study activity and contact your state board or organization to determine specific filing requirements.

DISCLAIMERS

**Information obtained in this course should be used within your scope of practice.

**It is your ethical responsibility to report accurate hours to your licensing board.

**All on-line participants must complete and pass (80% or better) a post-test/evaluation prior to a receiving a certificate of completion. If you require a copy of the test/evaluation for CE purposes, please print at the time you take the test. Or you may call our customer service department and a copy of your test/evaluation will be emailed to you. Please allow 30-45 days.

Deana L. Cantley

Deana L. Cantley, Continuing Education Administrator & Post-Reporting Lead

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